



**Joseph Loughborough has an extensive set of art work from a series called 'Psychosis'.**

**Where were you born? What did your family do for a living?**

I was born in Portsmouth on the south coast of the UK where I grew up. My mother was a school teacher and my father worked in boatyards.

**What is the earliest childhood memory you can remember?**

Eating a whole dandelion. It wasn't too tasty. This and a prized pile of crushed toy cars. (At this young age my dream job was to work in a junkyard scrapping old cars)



**What got you into Art? How old were you? Did you take Art at school/college?**

I don't think there really was a starting point. It's just something I always really enjoyed doing and just always continued with it. For my A-levels I studied sciences but took art with it. I ended up graduating with an illustration degree.

**How did you start on such magnificent series, called 'Psychosis'?**



I remember reading a book in my school library called 'Beyond reason' about art and psychosis. It was a fascinating book collecting artworks made from patients at many of the turn of the century institutions. It also discussed the horrific conditions of many of these places. I was particularly drawn to the mark making of some of the more expressive paintings.

I made this series several years after reading the book but wanted to produce a series capturing the suffering of the patients whilst trying to emulate the expressive style I had previously seen. This mixed with my own personal issues and artistic temperament resulted in the 'psychosis' works. I still consider these works as studies.

**Where do you draw your inspiration from?**

Wherever I can find that jolt of motivation. People, art, books, sunny days, grey days.



**What 'coping strategies' do you indulge in as an artist?**

I really find art an important emotional outlet for me. I often take refuge in my sketchbooks and the studio.

**I can see from your group shows that you sort of launched in 2009? Is this all for this one series of 'psychosis'?**

Ha-ha, I guess the recession helped me make the jump from part-time to full-time artist.

**What were you doing before 2009?**

I was always making art, but working odd jobs here and there, mainly bar work. When the recession hit, I lost my job which inadvertently helped me focus on art.

**What will you be doing after 2012? What does the future hold for you?**

I hope to be able to continue with what I'm doing. I have a few interesting shows lined up! Watch this space!



**Famous Quote:**

*"..Inspiration exists, but it has to find us working.."*

*- Picasso*

**Website** <http://www.josephloughborough.co.uk/>

**Gallery representation**

UK - <http://thefuturetense.net/>

**Other links**

**Face book Page** - <https://www.facebook.com/josephloughboroughartpage>

<http://www.flickr.com/people/illjoseph/>

<http://josephloughborough.tumblr.com/>