



Joseph Loughborough has an extensive set of art work from a series called 'Psychosis'.

Where were you born? What did your family do for a living?

I was born in Portsmouth on the south coast of the UK where I grew up. My mother was a school teacher and my father worked in boatyards.

What is the earliest childhood memory you can remember?

Eating a whole dandelion. It wasn't too tasty. This and a prized pile of crushed toy cars. (At this young age my dream job was to work in a junkyard scrapping old cars)



What got you into Art? How old were you? Did you take Art at school/college?

I don't think there really was a starting point. It's just something I always really enjoyed doing and just always continued with it. For my A-levels I studied sciences but took art with it. I ended up graduating with an illustration degree.

How did you start on such magnificent series, called 'Psychosis'?



I remember reading a book in my school library called 'Beyond reason' about art and psychosis. It was a fascinating book collecting artworks made from patients at many of the turn of the century institutions. It also discussed the horrific conditions of many of these places. I was particularly drawn to the mark making of some of the more expressive paintings.

I made this series several years after reading the book but wanted to produce a series capturing the suffering of the patients whilst trying to emulate the expressive style I had previously seen. This mixed with my own personal issues and artistic temperament resulted in the 'psychosis' works. I still consider these works as studies.

Where do you draw your inspiration from?

Wherever I can find that jolt of motivation. People, art, books, sunny days, grey days.



What 'coping strategies' do you indulge in as an artist?

I really find art an important emotional outlet for me. I often take refuge in my sketchbooks and the studio.

I can see from your group shows that you sort of launched in 2009? Is this all for this one series of 'psychosis'?

Ha-ha, I guess the recession helped me make the jump from part-time to full-time artist.

What were you doing before 2009?

I was always making art, but working odd jobs here and there, mainly bar work. When the recession hit, I lost my job which inadvertently helped me focus on art.

What will you be doing after 2012? What does the future hold for you?

I hope to be able to continue with what I'm doing. I have a few interesting shows lined up! Watch this space!



Famous Quote:

"..Inspiration exists, but it has to find us working..."

- Picasso

Website <http://www.josephloughborough.co.uk/>

Gallery representation

UK - <http://thefuturetense.net/>

Other links

Face book Page - <https://www.facebook.com/josephloughboroughartpage>

<http://www.flickr.com/people/illjoseph/>

<http://josephloughborough.tumblr.com/>